

The Spirit Guide

VOLUME 1, ISSUE 3

NOVEMBER 2007

The Official Newsletter of The Spirit Seekers, Inc.

Poltergeists

So, what is a poltergeist? The word poltergeist is a German word, literally translated means, "Noisy Spirit."

By Alan L. "Buz" Lowe

A more detailed definition of Poltergeists would be that a poltergeist is a malevolent, mischievous spirit or form of energy which can manifest with characteristics such as strange noises, moving or disappearing objects, and abnormal odors. Reports of poltergeist activity exist all around the world and throughout history. The earliest known reports of poltergeists date back to the ancient Romans. Other poltergeist records can be found in the medieval times of China and Germany.

The reports indicate unexplainable events such as throwing dirt, flying objects, awful smells, loud noises, unexplained lights and ghostly apparitions. All of which are very similar to the still ongoing reports of modern poltergeists. Why, exactly, poltergeist activity occurs has been under debate by experts and scientists for decades. Poltergeist activity usually begins and ends abruptly. The typical incident can last for several hours or several years.

There have been hundreds of independent studies done on poltergeists. A majority of the cases revolve around an individual, usually a young person. The phenomenon seems to be linked to a type of subconscious psycho kinesis (PK) on the part of the afflicted person. The studies have discovered that most of the poltergeist agents are females under the age of twenty, who are totally unaware that they are involuntarily directing the poltergeist energy.

While still not much is known about the way that poltergeists work, investigations have uncovered a link between the

afflicted person and states of poor mental or physical health. Emotional problems associated with agent personalities are anxiety, hysteria, anger, obsessions, phobias and schizophrenia. In some cases, with psychological help to relieve the emotional tensions, the poltergeist energies diminish and disappear.

Most reported cases revolve around unstable human agents, but there are cases where all of the people involved are psychologically stable and do not seem to have any control over the poltergeist energy. These cases remain a mystery. Some paranormal researchers blame them on other supernatural forces including Demon influences.

The differences between poltergeist activity and a haunting can be very hard to distinguish. In the early stages of a poltergeist, it may be impossible. Haunts and poltergeists do share basic aspects (apparitions, strange noises, odors, moving or disappearing objects, etc.). However, there are some points that make them very different.

In a haunting, the ghosts of deceased human beings appear frequently in certain places and times. With a poltergeist there are theories that they are mass forms of PK energy that a living person is unknowingly controlling. In some cases extreme poltergeists activity has been linked to demons. Another difference between a regular haunting and poltergeist activity is that in a haunting the spirits appear in areas known to the deceased before death. With poltergeist the activity can be triggered by a living person's trauma in any location, at any time.

[\(Continued on Page 3\)](#)

INSIDE THIS ISSUE:

Meet the Team	2
Mark Your Calendar!	2
Halloween Photos	3
MRU Update	4
Ask Angela	4
This Happened to Me ...	5
On the Road Again	6
Annual Dues - Past Due!	6

We're on the web!

www.TheSpiritSeekers.org

SPECIAL POINTS OF INTEREST

- [Got Costume? Check Out Photos from Our Halloween Party!](#)
- [Mobile Research Unit Gets Artwork](#)
- [Have You Paid Your Annual Dues?](#)

Meet The Team



John Parker
Team Leader

I Work At: Moon and Central Distributors, Inc.

My Position Is: Marketing Director /
Head of Promotional Advertising

Time in Current Position: 1 Year 10 Months

Birth Place: Houston, Texas

First Job Ever: Paper Route, Arkansas Democrat

Alma Mater: UALR

Hobbies: Illustration, Comic Strip Art, Avid Movie Collector,
Ghost Hunting, Astronomy, Making Independent Short Films

Marital Status/Children/Pets: Divorced, No Children Yet,
A Mongrel Cat, "Zeus"

Favorite Food: Crab Legs

Favorite Author: Edgar Allen Poe

Last Book Read: Harry Potter and the
Deathly Hallows

Favorite Movie: Blade Runner - 1982

Favorite Television Show: Carl Sagan's - COSMOS

Dream Vacation: New Zealand

Guests At My Fantasy Dinner Party Would Be: Demi Moore,
Jessica Alba, Megan Fox, and Jessica Biel of course!

Best Advice I Ever Received: Be a first rate version of
yourself, not a second rate version of someone else.

Best Advice I Ever Gave Was: Don't eat any yellow snow.

Though I Was Proven Wrong, I Once Said I'd Never:
Gain Weight

Future Goal: To invent something to benefit humanity.

My Heroes Are: Vincent Price, Walt Disney, Edgar Allen Poe,
Albert Einstein, Carl Sagan, Nicolaus Copernicus

*"Be a first rate version of
yourself, not a second rate
version of someone else."*

Mark Your Calendar!

November

- 10 - Spirit Seekers Monthly Meeting & Training—*"How to Analyze Photos"*
- 30—Closed Investigation at *East Saline County Residence **



December

- 8—Spirit Seekers Monthly Meeting & Training
- No Investigations in December - *Happy Holidays!*

January

- 12—Spirit Seekers Monthly Meeting & Training
- 19—Open Investigation at *Gurdon Light (Weather Permitting)*

February

- 9—Spirit Seekers Monthly Meeting & Training
- 16—Closed Investigation at *Poison Springs **

March

- 8—Spirit Seekers Monthly Meeting & Training
- 29—Open Investigation at *Booneville Tuberculosis Sanitorium*

* **Note:** Closed Investigations are
By Invitation Only

*For more information on Upcoming Events,
Or to add Events to the Spirit Seekers Calendar,
Email seeker@thespiritseekers.org.*

Images From Spirit Seekers' Terrifyingly Fun All Hallows Eve Celebration



Poltergeists [\(Continued from Page 1\)](#)

In a haunting, the activities are continuous over time and generally concentrated in the same area. With poltergeist, the activities build up over time to a climax, and then begin again. Poltergeist energies can travel anywhere with anyone.

Last but definitely not least, hauntings are not violent by nature. When poltergeist activity is nearing the climax of the energy cycle it can become dangerous to the point that it inflicts both mental and physical terror in extreme cases.

If a person believes that they are encountering poltergeist activity they should not wait to look for help. They should

find a priest or local paranormal research group, such as Spirit Seekers, in the area. Some poltergeist cases can be exorcised before they have the chance to become dangerous. If you believe that the poltergeist is linked to an object in your possession, get rid of that object right away. Do not try to move or run away from a poltergeist. It is a waste of time. If the poltergeist is linked to a person or object, it will follow right along with you. The best thing to do is seek out professional help as soon as you can. ***It should not cost you a penny to do so. If you find someone that wants to charge you a fee, look for someone else.***

Mobile Research Unit Update

Spirit Seekers' Team Leader, **John Parker**, an extremely talented Graphic Artist, is hard at work finalizing artwork on the Mobile Research Unit. It's looking **GREAT!**



Ask Angela

Christianity & Ghost Hunting

One of the most common questions I encounter is how "ghost hunting" reconciles with Christianity. Some are afraid it will lead to demon possession, or believe the Bible forbids it.

Like many of you, I was raised as a Christian. However, the women in my family - including my great-grandmother, grandmother, mother and aunts - were always very in touch with the spirit world. So it was not uncommon in my home to have discussions of "paranormal experiences".

As a result, I never saw any conflict between Christianity and spirituality, and still don't. When we pray, what are we doing, if not talking to a spirit?

When Jesus returned after his death, and spent time with his disciples, what was he, if not a spirit? There are many stories in the old testament of prophets "telling the future" - some even after death.

Christianity teaches that we are spirits - only temporarily residing in these "jars of clay". It also teaches that there is a spirit world - where angels and demons battle for mankind. Satan rules the demons, and his goal is to

"Christianity teaches that we are spirits - only temporarily residing in these 'jars of clay'."

Angela is a Spirit Sensitive and Co-Founder of Spirit Seekers. Questions for "Ask Angela" may be emailed to spirit@thespiritseekers.org.



stop us from fulfilling God's will for our lives - which is to be like Jesus; while angels serve as the messengers of God, to lead us toward his perfect will. How are we to listen to the angels, if we are not in tune to the spirit world?

Another thing Christianity teaches is that there will be a judgment day - when Jesus will return, the dead will rise, and all will be judged. For me, that begs the question - where are we between our physical death, and judgment day? Is it so difficult to believe that once we are freed from these physical bodies, we would be free to spend time in this plane of existence? Perhaps to watch over our loved ones, perhaps to finish unfinished business?

Recognizing that the Bible is true, that there are indeed spirits all around us, is what ghost hunting is all about. It is about seeking the truth. Isn't that the goal of Christians as well, to seek God's truth?

Angela

This Happened to Me ...

By Dennis Bennett

I remember about 10 years ago, about the age of 36, I suddenly became a mental medium and saw the spirits talking to me psychically in a clairvoyant way. I worked in public service so whenever I got close to someone at work, I found their relatives who passed on communicating to me and wanting to talk to the person standing next to me. Well, this continued on a daily basis, so much so that I needed to take a week off from work because I was scared, at first, to be talking to all these "dead people," as I used to put it.

When I got back and started working again, a lady (I will call Judy), came to me and said, "I heard you were a medium and could talk to those who have passed on." I said, "Yes, but I cannot make them communicate with me, it just happens, She asked, "Will you try to get in touch with my daughter, her name is Amy?" I just said, "I will ask." Is then asked for Judy's date of birth, and that was all I wanted to hear from her about her daughter and Judy. I prayed about it and asked for Amy to speak to her mom, adding, "She needs to talk to you." All of a sudden I heard, "Tell Judy she has been given a moment."

When I told her, I saw a little girl that I described to Judy and I asked, "Amy Lynn your daughter that I am seeing here?" All she could do was say, "Oh my God! How did you know her middle name was Lynn and that she looked like that?" I told her Amy told me. I then described a sapphire ring that Amy was wearing, and Judy was in tears and couldn't stop crying. She said she bought that ring for Amy two weeks before she died and Amy was buried with it on. I told Judy we should stop here because we are at work, but gave her my telephone number.

One thing I have noticed as a medium is that spirits that who have passed away offer proof of who they are when communicating with their loved ones. That is all Amy would do. For three days straight, Judy would call me and Amy would be there, always calling, "Mommy," and always excited to talk to her.

On the second evening, I was becoming really exhausted and had to put an end to this as I was running low on energy. So, Judy and I said goodbye on the phone. But, Amy Lynn was still there with me wanting to talk to her mommy, I told her, "Amy you have got to go now. You are making me tired and I cannot keep up. But before you go, give me some kind of physical proof to give to your mommy so she can know this has been really you, all this time."

Amy showed me clairvoyantly a picture of a blue pony that had the words, "I love you Mommy" on the top of the picture, and at the bottom it was signed, "Amy". The next day, I called Judy and described the picture that Amy wanted to give to her to prove it was her all this time. Judy said, "All of Amy's stuff is in a box hidden in the closet, and has been there for the last 20 years. Amy died at age 9, which would make her 29, so I don't know what is in that box anymore." I told her to go in that box and find the picture, then call me back.

Judy did just that and when she called back she was in tears and kept saying, "Oh My God!" over and over, and she was out of breath, I told her to calm down and sit down and just breath slowly then tell me what's wrong. After a few minutes she said, "I have that picture you described in my hands, just like you said it would look!"

That was the last I heard from Amy; and Judy had been given her moment with her daughter. I was grateful to be a part of seeing this happen. And yes, to this day I am still actively a medium, and glad to bring closure to loved ones and their relatives who have passed on.

Spirit Seekers In Demand

The Halloween Season is a busy time for Spirit Seekers, as they are requested to make numerous appearances.

Members of the media seeking an interview with **Spirit Seekers**, or gathering information for a "ghost story" - may contact **Alan** at seeker@thespiritseekers.org.

Angela and Alan as Halloween radio guests on The Pat Lynch Show on Super Talk Arkansas Network; and on Midnight Highway Radio.



The Spirit Seekers, Inc.

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*Where The Here and
The Hereafter Meet!*

The Spirit Guide

is available at:

The Broom Closet

There's Magick in Store
3009 West Markham Street
Little Rock, AR 72205
www.the-broom-closet.com
501-663-1700



Bellelise Booksellers

606 West Bolling Avenue
Monticello, AR 71655
www.bellelisebooksellers.com
870-460-9854



Have You Paid Your Annual Dues?

Protect your Spirit Seekers Membership - on December 1, anyone with unpaid dues will be dropped from the Spirit Seekers Membership Roster.

Don't let this happen to YOU!

Spirit Seekers Annual Dues of \$36 per person includes free admission to all meetings and training sessions; as well as invitations to all open investigations and a monthly e-newsletter. Printed copies are available at the meetings.

Annual Dues are payable by **October 31**, each year; and are pro-rated for Members who join during the current year.

Annual Dues may be paid by mail, in person at any Spirit Seekers event; or through the web site via PayPal.

[http://www.thespiritseekers.org/
TheTeam/AnnualDues.htm](http://www.thespiritseekers.org/TheTeam/AnnualDues.htm)

Spirit Seekers On The Road

Alan Lowe, Director of Investigations / Co-Founder of Spirit Seekers, presenting "Haunted Arkansas" at South Arkansas Community College in El Dorado.

