

The Spirit Guide

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The Official Newsletter of The Spirit Seekers, Inc.

Apparitions By The Book

Not quite the same thing as a ghost or spirit, an apparition can be visual experience, but can also involve the sensing of a presence

By D.W. K.

One of the core ideas of paranormal study, an apparition is the image of a person or animal that is either deceased or too distant from the observer to be within the range of the normal perception, but which is sensed by that observer anyway. Not quite the same thing as a ghost or spirit, an apparition can be visual experience, but can also involve the sensing of a presence, being touched by unseen hands, hearing strange noises (thumps, speech, rappings, animal sounds, moaning, etc.) or smelling unexplained odors. In rare cases, the subject of the apparition, also known as an "agent," doesn't even have to be dead.

Based on surveys and investigations conducted over the last 100 years, the British Society for Psychical Research has grouped apparitions into five rough categories:

Crisis Apparitions: Appearing in both waking visions and in dreams, Crisis Apparitions manifest themselves in moments of extreme crisis -- hence their name. The most common type of crisis apparition occurs particularly at the moment of death, when a loved-one briefly appears to relatives or others he/she shares close emotional ties with, possibly to "say goodbye" or otherwise bring an end to an earthly relationship. In many cases, crisis apparitions have been known to gesture toward fatal wounds, or the most gravely injured part of their body.

Apparitions of Closure: Also occurring most often between a living viewer and a deceased agent" who had strong emotional or familial ties, apparitions of closure most

often appear to settle matters of missing items or unfinished business. The Greek philosopher Pliny the Younger -- in what might be considered the first paranormal investigation in history -- stayed the night in a haunted villa and was led to a body hidden in a garden by the apparition of a murdered slave. The poet Dante Allegheri appeared to his son months after his death and guided the boy to where he had hidden the final chapters of his great masterpiece, "The Divine Comedy."

Reciprocal Apparitions: Occurring exclusively between the living, the reciprocal apparition occurs when two people who are not within sensory range of each other have simultaneous or near-simultaneous visions in which they each see the other person and his/her surroundings. Again, this often occurs between those who are blood related, married or emotionally very close, and often at the moment of a brush with death.

Deathbed Apparitions: Usually reported by the gravely ill or dying, these apparitions are almost always religious in nature, and can include angels, Jesus Christ or the Virgin Mary, or deceased loved-ones clothed in heavenly garb. Rarely, these visions are also experienced by others in the room at the time.

Apparitions Suggestive of Reincarnation: Known mostly in Buddhist, South American and Native American cultures, this apparition usually takes the form of an otherworldly being of light, in which appears to a pregnant or soon-to-be-pregnant woman and announces that they are the soul of a child that will soon be born to her.

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We're on the web!

www.TheSpiritSeekers.org

SPECIAL POINTS OF INTEREST

- [Share Your Near Death Experience!](#)
- [Who is that dark person you see from the corner of your eye?](#)
- [Learn about a strange equation!](#)

Meet The Team



Darice Nations
Investigator

I Work At: Arkansas State Parks,
Region IV Office, Washington AR

My Position Is:
Administrative Assistant II

Time in Current Position: 4+ years

Birth Place: Naples, Texas

First Job Ever: Dental Assistant

Alma Mater: James Bowie High School, Simms, TX
Texas A & M, Texarkana

Hobbies: Crafts, Reading, & Ghost Hunting

Marital Status/Children/Pets: Married;
2 grown children from a previous marriage;
1 granddaughter & 1 new grandson; a cat & a bird

Favorite Food: anything sweet & Mexican food

Favorite Author: right now – James Patterson

Last Book Read: 1st to Die by James Patterson

Favorite Movie: Pulp Fiction

Favorite Television Show: M*A*S*H

Dream Vacation: Touring Europe

Guests At My Fantasy Dinner Party Would Be:
Goldie Hawn, George Clooney, Johnny Depp,

Best Advice I Ever Received: “Don’t sweat the small stuff.”

Best Advice I Ever Gave Was: “Live for today,
because yesterday’s gone and we’re not promised tomorrow.”

Though I Was Proven Wrong, I Once Said I’d Never:
marry again

What Would Surprise People About Me:
I was once a girl scout leader

Future Goal: To not sweat the small stuff

*“Live for today because
yesterday’s gone and we’re
not promised tomorrow.”*

Mark Your Calendar!

March

- 4—Cindy Parker’s Birthday
- 8—*Spirit Seekers* Monthly Meeting & Training
- 15—Closed Investigation at *Rialto Theater in El Dorado*



- 17—Saint Patrick’s Day
- 19—Philip Holthoff’s Birthday

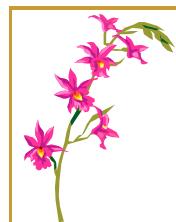
- 29—Open Investigation at *Booneville Tuberculosis Sanatorium*

April

- 1—Christina South’s Birthday
- 4—Martar’s Anniversary
- 12—*Spirit Seekers* Monthly Meeting & Training
- 30—Cindy Durnal’s Birthday



May



- 10—*Spirit Seekers* Monthly Meeting & Training

* **Note:** Closed Investigations are
By Invitation Only

*For more information on Upcoming Events,
Or to add Events to the Spirit Seekers Calendar,
Email seeker@thespiritseekers.org.*

Near Death Experiences (NDE)

If you have any comments or personal stories of Near Death Experiences, please contact seeker@thespiritseekers.org.

This is the report of a nurse of a Coronary Care Unit:

“During the night shift, an ambulance brings in a 44-year old cyanotic, comatose man into the coronary care unit. He was found in coma about 30 minutes earlier, in a meadow.

When we attempt to intubate the patient, we realize he has dentures in his mouth. I remove these upper dentures and put them onto the ‘crash cart.’ After about an hour and a half the patient has sufficient heart rhythm and blood pressure, but he is still ventilated and intubated, and he is still comatose. He is transferred to the intensive care unit to continue the necessary artificial respiration.

Only after more than a week later, do I meet again with the patient, who is back on the cardiac ward. The moment he

sees me he says: ‘Oh, that nurse knows where my dentures are.’ I am very surprised. Then he elucidates, ‘You were there when I was brought into hospital and you took my dentures out of my mouth and put them onto that cart. It had all these bottles on it and there was this sliding drawer underneath, and that is where you put my teeth.’ I was especially amazed because I remembered this happening while the man was in

deep coma and in the process of CPR.

“He is deeply impressed by his experience and says he is no longer afraid of death.”

It appears that the man had seen himself lying in bed, that he had perceived from above how the nurses and doctors had

been busy with the CPR. He was also able to describe correctly and in detail the small room in which he had been resuscitated as well as the appearance of those present like myself. He is deeply impressed by his experience and says he is no longer afraid of death.”

Paranormal State (Review)

By Mark A. Perigard

A&E’s new unscripted series about college-age demon hunters scares up a chilling case of stupidity.

“Paranormal State” follows a bunch of wannabe Scoobies known as the Paranormal Research Society. Led by founder and Penn State University student Ryan Buell, this rag-tag band of students (and a few professionals who should know better) dares to venture where things go bump in the night. There hasn’t been a more suggestible crowd gathered since the last “Crossing Over” taping with alleged psychic John Edward.

In the premiere, the team investigates the case of an 8-year-old boy who swears he’s seeing ghosts. What seems obvious is how starved he is for attention. The parents say they’ve never mentioned the suicide of a nearby neighbor. Buell feels drawn to the child because of some undisclosed paranormal experience he had as a boy. The team sets up a watch during “dead time,” 3 a.m., when the spirit world is allegedly the most active, Buell says. Whatever happened to midnight call? After a “house cleansing” - think “Clean Sweep” for the supernatural set, only instead of clutter, one banishes bad mojo with holy water - the team is confident the family will be fine.

The second episode follows a similar trail: A single mother

and her teenage son believe they are being haunted by a variety of ghosts. The teenager is angry about losing two father figures. Then, in the tradition of “The X-Files” and numerous other scripted sci-fi shows, “Paranormal” establishes a bit of its own mythology: Buell believes he is contacted by a demon he has crossed before, one so malevolent, he dare not say his name aloud. That doesn’t stop the overzealous production crew from flashing a series of revolving letters. This variation of “Candyman” makes for a nice hook, sure to be followed in future episodes. The undead can really hold a grudge. The way his “trainees” hang on his every declaration of the mystical, he seems to have hit upon what every college nerd dreams of - a supernaturally perfect way to meet women.

“He seems to have hit upon what every college nerd dreams of - a supernaturally perfect way to meet women.”

Editorial Review
By Alan Lowe

Mark Perigard writes for the Boston Herald and from all appearances should know of what a college nerd dreams are made. The show did lean heavily on Hollywood theatrics but it wasn’t a bad show at all.

The fact that a paranormal group finally figured out that psychics and mediums are useful on investigations is surprising.

(Continued on Page 4)

Ask Angela

Paranormal Unity

Dear Angela:

It just seems there has been a huge paranormal "outbreak" if you will. Everyone has a radio show, or a book, or a "gift". I'm not knocking it by any means. I think it is all wonderful. I'm just wondering why everyone seems to be running and jumping on this paranormal success train? My head is spinning half the time trying to take it all in and keep up with all the events, radio shows, etc. The Paranormal was not this popular 5 years ago.

I just hope we can all stay united in this field and keep learning from one another. For me that is what the Paranormal is all about.

Just as Patrick Burns once said and I quote, "There are no experts in the paranormal." It threw me for a loop when he said that because I thought all the "higher ups" are experts? I see his point and I understand but, I still see paranormal investigators claiming to be the all mighty expert and I think that is not right.

Yes some of us have more years of experience and knowledge in this field,

but I still don't think that makes you an expert. Anyone can gain that experience and knowledge. Sometimes I wish more than anything that those who have 20, 30, 40 years of experience in this field would teach the investigators that don't. There are so many of us that want to learn.

When I first started investigating I never knew there was a whole "paranormal world" out there. I was just out there trying to seek answers of the unknown and to see if I could collect any evidence. I never knew people were out there making a living off of this. Since then I have seen some amazing things and also some discouraging things. I just hope with how busy this field has gotten that we can all remain UNITED!!!!

I feel we should all be working together to unlock the

Paranormal State (Review)

We at Spirit Seekers have known this and utilized that tool for a very long time. The reviewer makes mention of the demons that the PRS group finds. This is their specialty. The Director of the group mentions the fact that PRS get hundreds of possible cases per year but only take the ones that look like a demon is at work.

Angela is a Spirit Sensitive and Co-Founder of Spirit Seekers. Questions for "Ask Angela" may be emailed to spirit@thespiritseekers.org.



secrets of the paranormal. I wish everyone the best at what they do and I hope to someday work with YOU!!

Peace Love and Light -
Mariann

Dear Mariann:

I totally agree. Growing up sensitive to the spirit world, in a family of women who regularly saw "ghosts", "visions" & had premonitions - taught me a lot. Conducting serious paranormal research for several years both strengthened my beliefs and taught me even more.

But, how can one ever be "expert" in a field that is ever-growing and changing? Besides, the very term "paranormal" indicates things that cannot be truly measured and proven, so much is based on faith, and trusting your heart. If it all COULD be measured and proven, it would be "science" and not "paranormal".

I, too, become frustrated with those who present themselves as "experts," and they are usually the ones who seem to think everything is a competition, and are more interested in winning than learning or teaching.

The truly wise man realizes that his tiny island of knowledge is surrounded by a vast sea of the unknown. The more I learn, the more I realize how little I know.

You may have heard the statement, "When you see the Buddha on the road, kill him." What I have learned is that the only true teacher comes from within. We may travel together, and learn from one another, but none of us is the Buddha. So, if you see the "Buddha" or "Teacher" on the road, you know he is only a false prophet.

Spirit Seekers holds classes and meetings each month, in order to both teach & learn from one another. Techniques may be taught; but not truth. Seek the truth, listen to that small voice inside yourself, and it will lead you on your journey.

Namaste'
Angela

(Continued from Page 3)

The production crew has thirty minutes to show a case that more than likely took weeks to develop and they do this nicely. Yep, the show is probably more exciting than the real deal; but if any TV channel put on a real paranormal investigation for people to watch, it wouldn't last long and would have even worse reviews than this one.

Shadow People

By Cindy Parker

Have you ever been sitting at home reading or watching TV when something catches your eye? You thought you saw something move by quickly and it looked like someone. A dark shadow, but it moved so quickly, it disappeared before you were able to get a good look at it. What was it? Your imagination? A shadow? Maybe a ghost?

There seems to be a fast-spreading phenomena known as "shadow people". There are people who study this phenomenon and say they are almost always seen out of the corner of your eye, just briefly. Some people do however say they look straight at them and for a longer time. Some have also reported that they have seen eyes that are usually red.

So what are shadow people?

- Scientist and skeptics are usually people who have never experienced the phenomenon. They believe this is all due to our imagination. Just our minds playing tricks.
- Some people feel that they are ghosts. But are they? Ghost apparitions are almost always misty white, vapor-like or have a somewhat human appearance including their clothing. Shadow people are much, much darker. They appear to us just like

*"What was it? Your imagination?
A shadow? Maybe a ghost?"*

a shadow. Some do have a human outline or shape.

- The dark feelings associated with shadow people lead some to believe they may be demonic. Others think they are shadows of people who are having an out of body experience.
- Some believe there are dimensions that exist parallel to our own. While invisible to us, the shadows are the inhabitants from this other dimension.
- Then there is the theory that they could be aliens.

There is no way to prove or disprove any theory that happens so quickly. It is so mysterious and happens without warning.

Shadow People seem to be aware of our presence and try to make us feel uncomfortable or frightened. They give off bad (negative) vibes. When you look up the definition of shadow people, you will read the following: Said to be shadow like creatures of supernatural origin that appear as dark forms in the peripheries of people's vision and disintegrate or move between walls when noticed.

There isn't a plausible explanation at this time and there may never be for what we are seeing. We will have to continue to explore attempts to determine if this is paranoia or fatigue, or creatures lurking in the shadows. This type of supernatural event is quickly becoming one of the most common reported apparitions. We may never know what shadow people really are.

20+C+M+B+07

By Alan Lowe

Have any of you ever seen this equation, or know what it is? Well, this is an epiphany. That didn't help much, I'll bet. Maybe the definition will add some light to the subject but don't hold your breath.

Epiphany — the word comes from the Greek for manifestation, or to appear or to show forth — is the season the church devotes to seeing who Jesus is.

Many churches begin their observance of Epiphany with a recitation or even reenactment of the three wise men bringing their gifts to the baby Jesus. The gifts help us to see who Jesus is: gold is a gift one gives a king; frankincense, a special incense with curative powers that was used by the Israelites in front of the Tent of Meeting, shows us that Jesus is the true tent of meeting, the place we go to

"What does this strange equation mean?"

meet God; and myrrh, an embalming resin used to prepare bodies for burial, shows us that Jesus was born to die. The wise men's gifts, in other words, make something about Jesus manifest — and the wise men themselves, as the first people who will take the word of Jesus to a larger audience, show forth the infant king to their corner of the world.

What does this strange equation mean? Simply that the three wise men (Caspar, Melchior, and Balthasar) followed a special star to Jesus, the Son who became man 2007 years ago.

The CMB conveniently also stands for the Latin prayer *Christus mansionem benedicat*, may Christ bless this house.

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*Where The Here and
The Hereafter Meet!*



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20+C+M+B+07

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The reason that I have devoted so much time to this equation is that I saw it on a television show recently. A paranormal team was performing a house blessing and writing this above every door. I think in the case of a house blessing the Latin prayer would be more appropriate than the birth of Christ. I wonder if the leader of the team knew the exact meaning?

A House Blessing

Lord God of Heaven and Earth, who hast revealed thine only-begotten Son to every nation by the guidance of a star: Bless this house and all who inhabit it. Fill them with the light of Christ, that their love for others may truly reflect thy love. We ask this through Christ our Lord. Amen.

Accepting Yard Sale Donations

Clean out your closets and clear out the clutter!

Cindy Parker is having a huge yard sale in in Morrilton with all proceeds going to Spirit Seekers! Bring your unwanted items to any Spirit Seekers Meeting.

Unsold items will be donated to Goodwill.

